



## Farmington River Trail, walks of 1.0, 2.6, 3.5, & 6.1 miles

**All on the most scenic section  
of the Farmington River Trail.**

These “out & back” walks begin at  
the wide trail parking lot A on rt. 179.

41°47'38.7"N 72°55'31.2"W

There are 4 options (miles are round  
trip):

- 1- A 1.0 mile walk north to the  
Burlington dam that survived the “55  
Flood” (photo)
- 2- A 2.6 mile walk north to the  
middle of the bridge that crosses the  
Farmington River (the town line with  
Canton is in the center). It has a 15  
foot elevation change.
- 3- A 3.5 mile walk south to the town  
line with Farmington.
- 4- The 6.1 mile walk along the  
northeastern town line of Burlington,  
from the border with Farmington to the  
border with Canton.

The dam that survived “55”



Parking lot B, which is now paved,  
could be another starting point. Both  
are handicapped friendly. B is 0.9  
miles south from lot A on the River  
Trail. You can do the math miles for  
your exercise log, but both locations  
have the most view points per mile in  
Connecticut. It is a win/win decision.

Either locations are a great way to  
recover after a long hike or bike ride.  
Burlington provides the complete  
outdoor package.