

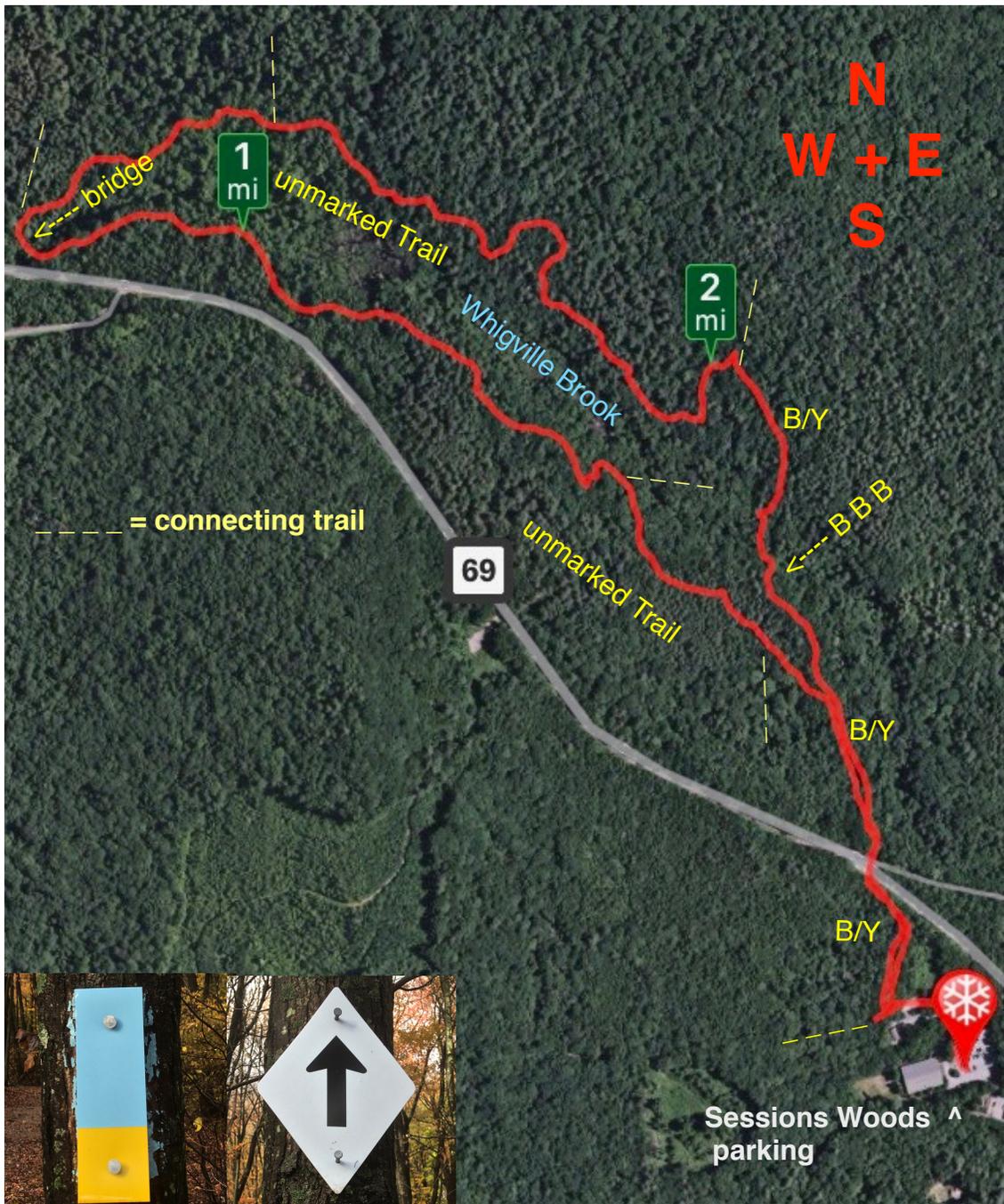
# Discover Loop

**Class 1**  
**2.7 miles**  
**370' vertical**  
**1.8 hours**  
**80% bike trail**  
**100% combo loop**

It is called the Discover Loop trail because you will discover Burlington's Big Bridge, as well as the original mountain bike trail that connected Sessions Woods with the Nassahegan Ball Field.

Also 1.2 miles of this trail is not marked with any trail signs or blazes. You have to focus on following the most well used path. Your eyes and ears for route 69 and Whigville Brook will also help to keep you on track. You will discover the skills that Daniel Boone had to learn.

The Discover Loop should be easy to follow most of the year, except during leaf season in the fall and after a fresh snowfall.



The new plastic hiking trail and mountain bike trail markers.

The hike begins at the flagpole for Sessions Woods ( 41.732830, -72.955389 ) Hike past the north gate and turn right to follow the Blue/Yellow (B/Y) trail north. At 0.2 miles cross route 69 and Reservoir Road to continue on the B/Y trail. At 0.3 you reach a 3 way fork. Bear to the far left on the unmarked bike trail (Do not follow the center B/Y trail up a 6 foot slope or an old dirt road that goes straight). Follow this well beaten path avoiding an unmarked trail that goes toward route 69 and another one that goes to Whigville Brook. At 1.2 miles cross a quality 3 foot wide bridge over Whigville Brook. 50 feet after this bridge, turn right at a trail junction. At 1.5 miles this unmarked trail reaches a "T" junction with 3 white signs. Continue straight, heading to the Ball Fields. You will be on the first mountain bike trail in Burlington. At 1.55 miles you will see a painted white blaze that marks this trail, which is followed by 9 other blazes including the new white plastic diamond blazes. At 2.0 miles turn right onto the very well marked B/Y trail. At 2.1 miles, you cross an earthen dam built in the 1800's that provided water power for mills to the south. At 2.2 miles you reach Burlington's Big Bridge (BBB) which could be the biggest on the Blue Trail System. Take time to discover the substructure and marvel how they were able to construct it without bringing it in by helicopter. On the west side of the bridge observe the historic power canal that carried water power to the south. Continue following the B/Y trail across route 69 at 2.5 miles, and return to your car at 2.7 miles.