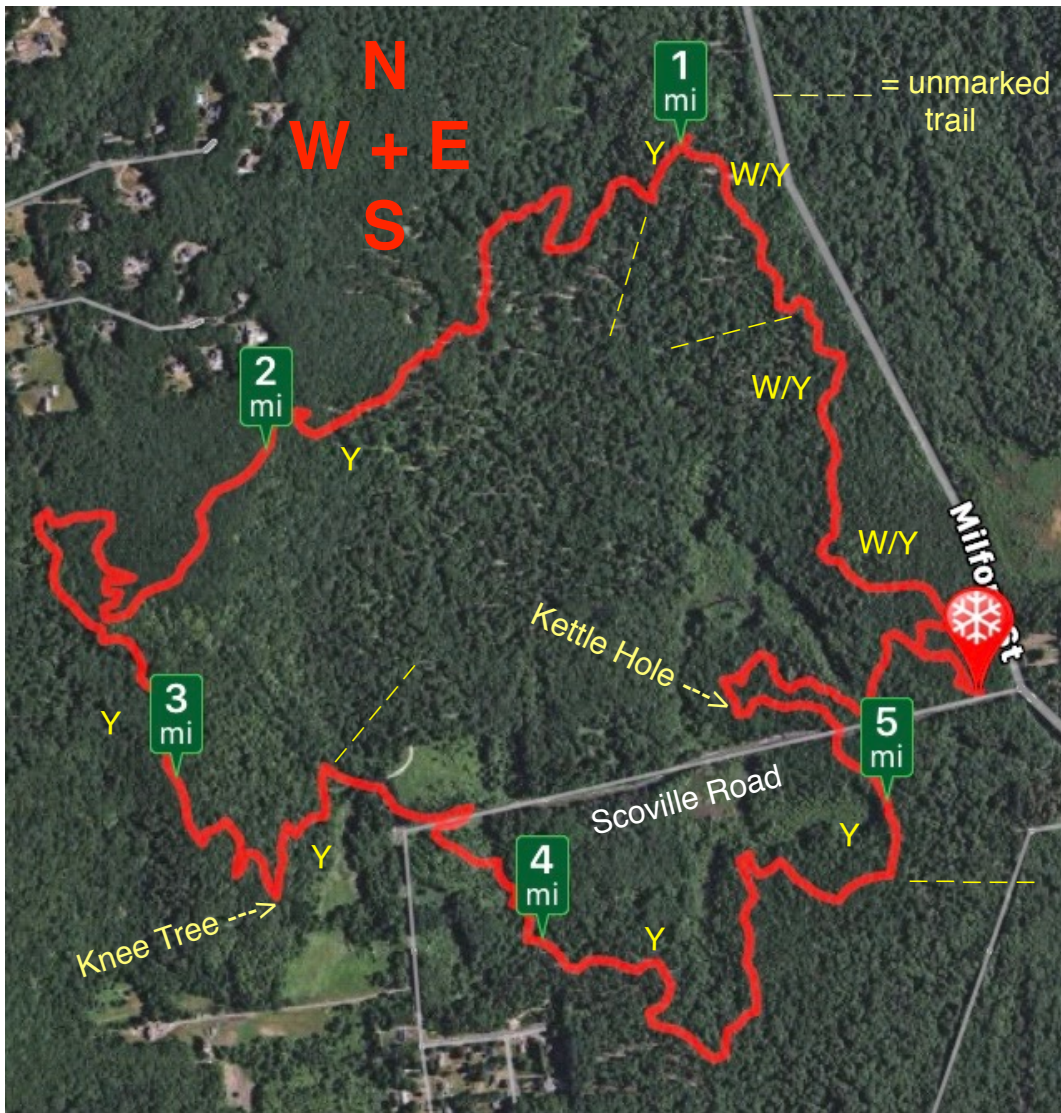


**Hike / Bike
Highland Trail
Class 1
5.7 miles
1,250' vertical
3.1 hours
100% bike trail**



Yellow Diamond trail marker next to the Knee Tree

The hike begins from parking (41.742389, -72.972278) on either side of Scoville Road near the stop sign for route 69. It is called the Highland Trail because it reaches an elevation of 1,079 feet, the highest of any hiking trail in Burlington. In the winter, at about 2.2 miles, you can see through the trees to Meriden Mountain, the WRCH radio tower and WVIT television tower on Rattlesnake Mountain, and the water tower on Chippens Hill in Bristol.

From your car hike north on the White / Yellow (W/Y) bike trail which uses painted trail markers. At 1.0 miles turn left at the junction sign pointing to Scoville Road to follow another bike trail that uses plastic yellow diamonds (Y) to mark the trail (note photo). The W/Y continues north. At the "T" junction at 1.1 miles, turn right to follow Y. The yellow diamond markers are spaced further apart than a hiking trail, so it is also important to focus on the tread left by others as you weave up and around a number of major ledges. At 2.5 you reach a dirt road with some power lines above it. Turn right for 50 feet, then turn left to follow the Yellow diamonds gradually down hill. At 3.3 you reach the Knee Tree (note photo), a very unique creation. At 3.4 turn right to follow the dirt road with the power lines downhill crossing over a small stream. At 3.5 the Y turns left, climbing up 15 feet of elevation. Then turn right as the Y parallels the power lines and crosses Scoville Road at 3.6 miles. If you would like to make this a 4.2 mile hike, follow Scoville Road back to your car. Otherwise hike west along along the road for 100 yards to find the Yellow Diamond trail heading southeast. It would be best to read the first 2.0 mile section of the Adventure Trail 102 which takes you along a glacial kettle hole on your way back to your car.