



Hike / Bike

George Washington Crossing

formally White #1 & Blue/Yellow Loop

Class 1

3.6 miles

900' vertical

1.9 hours hiking

70% bike trail

The White bike trail uses a new white plastic diamond or a painted white rectangle to mark their environmentally friendly original bike trail. Arrows are used to point out direction. Hikers should respect these trails by stepping aside to allow any bikers to pass. Bikers should also respect the hiking trails, by using only the 100% bike loop, which this is not.

The original painted Blue / Yellow trail markers have been updated to new plastic markers (note photos at left)

Hiking on bike trails improves your skills, since bike trail markers can be very far apart, you have to really focus on following the tread left by others.

The hike, which crosses 2 sections of the George Washington Turnpike, begins at the Nassahegan Recreation Complex parking lot (41.760542, -72.950865) on Punch Brook Road. Starting at the trail kiosk, follow the White (W) bike trail east, as it meanders close to Punch Brook Road. Turn left on the unpaved George Washington (GW) Turnpike at 1.5 miles and follow it for 150 yards. Turn right passing over a knoll before reaching a trail kiosk near Stone Road at 2.1 miles. Continue south on W until the junction with the B/Y trail at 2.5 miles. Turn left (east) onto the B/Y and follow it to the junction with Stone Road at 2.6 miles. The B/Y follows Stone Road back to the junction of the W and B/Y trails you passed earlier. Follow the B/Y hiking trail across George Washington Turnpike to return to the junction with the W trail at 3.3 miles. Turn left, and return to your car on the W bike trail.

Alternative distance options:

2.2 mile loop: At 1.5 turn right on the unpaved George Washington Turnpike. Follow this west crossing onto the paved GW turnpike at 1.7 miles and take a quick right onto the B/Y trail. Turn left at the W Trail junction at 1.9 to return to your car.

3.0 mile loop: After you reach the trail kiosk off Stone Road continue on the W trail for about 100 yards to the junction with the B/Y trail. Turn right and follow the above directions back to your car.

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