

Hike / Bike

Miller Time:
formally Red &
Blue/Yellow Loop

Class 1

5.4 mile

1,170' vertical
2.4 hours hiking
70% bike trail



The W/R blaze is a painted rectangle with white on the top and red at the bottom. It marks a well designed bike trail. Hikers should respect this trail by stepping aside to allow any bikers to pass. Bikers should also respect the hiking trails by avoiding this route which has a long section of narrow hiking trail.

Alan M Perrie
11 - 12 - 22



←-- Dino Rock

The hike begins from the trail kiosk at Nassahegan Recreation Complex parking lot (41.760542, -72.950865) on Punch Brook Road. The White/Red bike trail (W/R) turns to the right 50 feet behind the kiosk, and then follows paved roads a short distance. You will see the W/R trail blazes turning into the forest off Miller Road at 0.3 miles. Follow the W/R blazes, crossing over the Blue/Green (B/G) hiking trail at 1.2 miles. It then follows a ridge that parallels Miller Road, hence the trail name. The W/R crosses the dirt Miller Road at 1.6 miles. At 1.7 the W/R crosses the Blue / Yellow hiking trail (B/Y) and shortly turns east. This junction is next to the large Dino Rock. After crossing a small stream, the W/R trail starts to parallel an area logged in 2003 & 2020 and reaches the junction with the White/Blue (W/B) bike trail at 2.2 miles. Continue straight on the W/R which ends at the junction with the White (W) bike trail at 3.0 miles. Turn left, heading north. At 3.1 miles you will reach the junction with the Blue/Orange (B/O) hiking trail. Turn left onto the B/O and at 3.2 you turn left again at the "T" junction with the B/Y hiking trail. Follow the B/Y west 3.9 miles to the sign at the junction with the Blue/Green (B/G) hiking trail. Turn right (north) and follow the B/G trail back to where it crosses the W/R trail at 4.2 miles. Turn right onto the W/R to return to your car at 5.4 miles

Alternative distance options:

4.5 miles: Follow the above directions, but when you reach 3.8 miles, the trail makes a 90 degree turn to the left (west). At this turn, you will see the gate for Miller Road about 100 yards away. Return to your car on Miller Road

6.0 miles: After passing the B/G junction, continue to the junction with the W/R trail you were on earlier at 4.0 miles. Turn right & return to your car on the W/R trail.