



## Hike / Bike

**Red bike & Blue /Yellow hike Loop:**  
**Class 1**  
**5.4 mile**  
**1,170' vertical**  
**2.3 hours hiking**  
**70% bike trail**

The W/R blaze is a painted rectangle with white on the top and red at the bottom. It marks a very well engineered mountain bike trail. Hikers should respect this trail by stepping aside to allow any bikers to pass. Bikers should also respect the hiking trails, by using only the 100% bike or 100% combo loops.

Alan M Perrie  
 1 - 20 - 21

The hike begins from the trail kiosk at Nassahegon Recreation Complex parking lot (41°45'19.1"N 72°56'23.8"W) on Punch Brook Road. The White/Red bike trail (W/R) turns to the right (west) 50 feet behind the kiosk, and then follows paved roads a short distance. You will see the W/R trail blazes turning into the forest off Miller Road at 0.3 miles. Follow the W/R blazes, crossing over the Blue/Green (B/G) hiking trail at 1.2 miles. The W/R crosses the dirt Miller Road at 1.6 miles. At 1.7 the W/R crosses the Blue /Yellow hiking trail (B/Y) and shortly turns east. After crossing a small stream, the W/R reaches the junction with the White/Blue (W/B) bike trail at 2.2 miles. Continue straight on the W/R which ends at the junction with the White (W) bike trail at 3.0 miles. Turn left, heading north. At 3.1 miles you will reach the junction with the Blue/Orange (B/O) hiking trail. Turn left onto the B/O and at 3.2 you turn left again at the "T" junction with the B/Y hiking trail. Follow the B/Y west 3.9 miles to the junction with the Blue/Green (B/G) hiking trail. This junction is next to a large rock outcropping. The old B/G sign has fallen to the base of a tree next to the rock outcropping. Turn right (north) and follow the B/G trail back to where it crosses the W/R trail at 4.2 miles. Turn right onto the W/R to return to your car at 5.4 miles

Alternative distance options:

6.0 miles: After passing, or missing, the B/G junction, continue to the junction with the W/R trail you were on earlier at 4.0 miles. Turn right & return to your car on the W/R trail.

4.5 miles; Follow the above directions, but when you reach 3.8 miles, the trail makes a 90 degree turn to the left (west). At this turn, you will see the gate for Miller Road about 100 yards away. Return to your car on Miller Road