

## Hike / Bike

### White Adventure Loop:

**Class 1**

**3.6 miles**

**720' vertical**

**1.9 hours**

**90% bike trail**

**100% combo loop**

The W blaze is a painted white rectangle marking the original very well engineered mountain bike trail. Hikers should respect this trail by stepping aside to allow any bikers to pass. Bikers should also respect the hiking trails, by avoiding some loops. This one, however, has only 0.3 miles of fairly wide hiking trail, so with some mutual respect, everyone will have a positive experience.

Alan M Perrie

1 - 20 - 21



The hike begins at the parking lot for Sessions Woods ( 41°43'57.8"N 72°57'19.4"W ) It is called an Adventure Loop because about 1.6 miles of this bike trail is not marked with any trail blazes. Your eyes and ears for route 69 and Whigville Brook, however, will keep you on track. Start just beyond the north gate at Sessions Woods and follow the Blue/Yellow (B/Y) trail north. At 0.1 mile you will cross route 69. Follow the B/Y trail along rt 69 & across Reservoir Road. At 0.3 you reach a 3 way fork, bear to the left on the unmarked bike trail (Do not follow the center B/Y trail up a 6 foot slope or an old dirt road that goes straight). Follow this well beaten path located between route 69 and Whigville Brook. Do not cross this brook until 1.3 miles when you reach a quality 3 foot wide wooden bridge about 100 feet east of route 69. Just past this bridge is a junction with another unmarked bike trail. Continue straight, staying parallel with route 69. At about 1.5 turn left on the well marked Blue/Orange (B/O) trail and cross route 69 going west. Follow the B/O trail south from Scoville Road. At 1.7 miles you cross a 3 foot wide wooden bridge which is also part of the White (W) bike trail. After this crossing the W trail turns to the right, as the B/O continues straight. Follow the W trail passing a bike kiosk before crossing East Chippens Hill Road at 2.0 miles. The W trail soon crosses a small 2 foot wide bridge as it begins to wind up a slope. Follow the tread of the most heavily used trail while always looking for the white painted blazes about every 50-100 yards. There are many unmarked cross trails which you need to avoid if you can't find the W blaze. On the satellite map notice the trail has a number of 180 degree switchback turns. The sounds of traffic on route 69 provides good feedback. At 3.5 miles you will reconnect with the B/Y trail on the Beaver Pond Trail in Sessions Woods. Turn left to return to your car.