



Town of Burlington

Commission on Senior Citizens

Minutes of Meeting

June 21, 2023

- **Call to Order**

Chairperson Donna Rusgrove call the meeting at 4:02 pm

Members in Attendance: Art Murelli, Don Provost, Diane Royko, Maryelen Wielock, Lori Vallee, and Director Tricia Twomey

- **Minutes of April Meeting**

Approved unanimously (Murelli/Vallee)

- **Public Comment**

None

- **Financial Report**

Budget is overbudget as it was predicted to be. Currently at 125% of budget due to food costs in programming that increased and usage of Dial-A-Ridge increased.

- **Spring/Summer Programming**

- Reviewed upcoming bus trips and recent past programs
- Tricia and Ashlee will be teaching an intro to pickleball in August
- We are in need of a Chair Yoga Instructor for Seniors, that can commit to a daytime class
- We are looking to offer horseback riding lessons for seniors in the fall
- All Programs are listed in the Senior Citizen Newsletter, which can be found online at burlingtonct.us

- **Meals on Wheels Discussion**

Commission discussed next steps:

- CW Resources will be coming to our Senior Center next Wednesday, June 28th at 11 am
- Discussion followed in regards to setup and drivers
- Volunteer drivers needed

- **Any other business**

- Chairperson Rusgrove met with First Selectman Doug Thompson in regards to the tax abatement proposal of the tax freeze for seniors. Doug will review and research more on the proposal and get back to Donna. He would like to make note of the following:
 - Taxes have gone down for the past 2 years for taxpayers.
 - The Senior budget has been increased for this year by 24%
 - Social Services budget has also increased
- Commissioner Provost asked what was going on with the additional senior housing conversation. Discussion followed. He'll follow up with Donna Mullen at Thompson's Way.

- **Adjourn**

Motion to adjourn (Murelli/Vallee), approved unanimously 4:39 pm

Respectfully submitted, Tricia Twomey