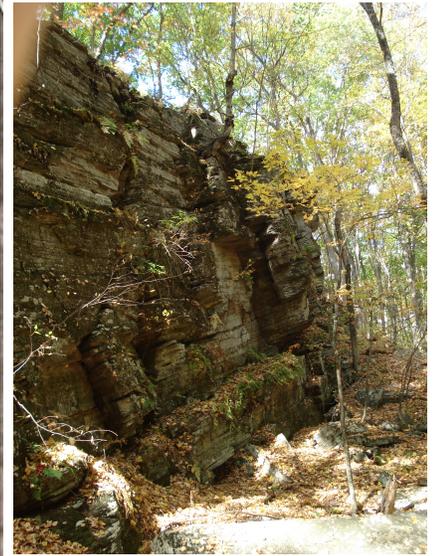
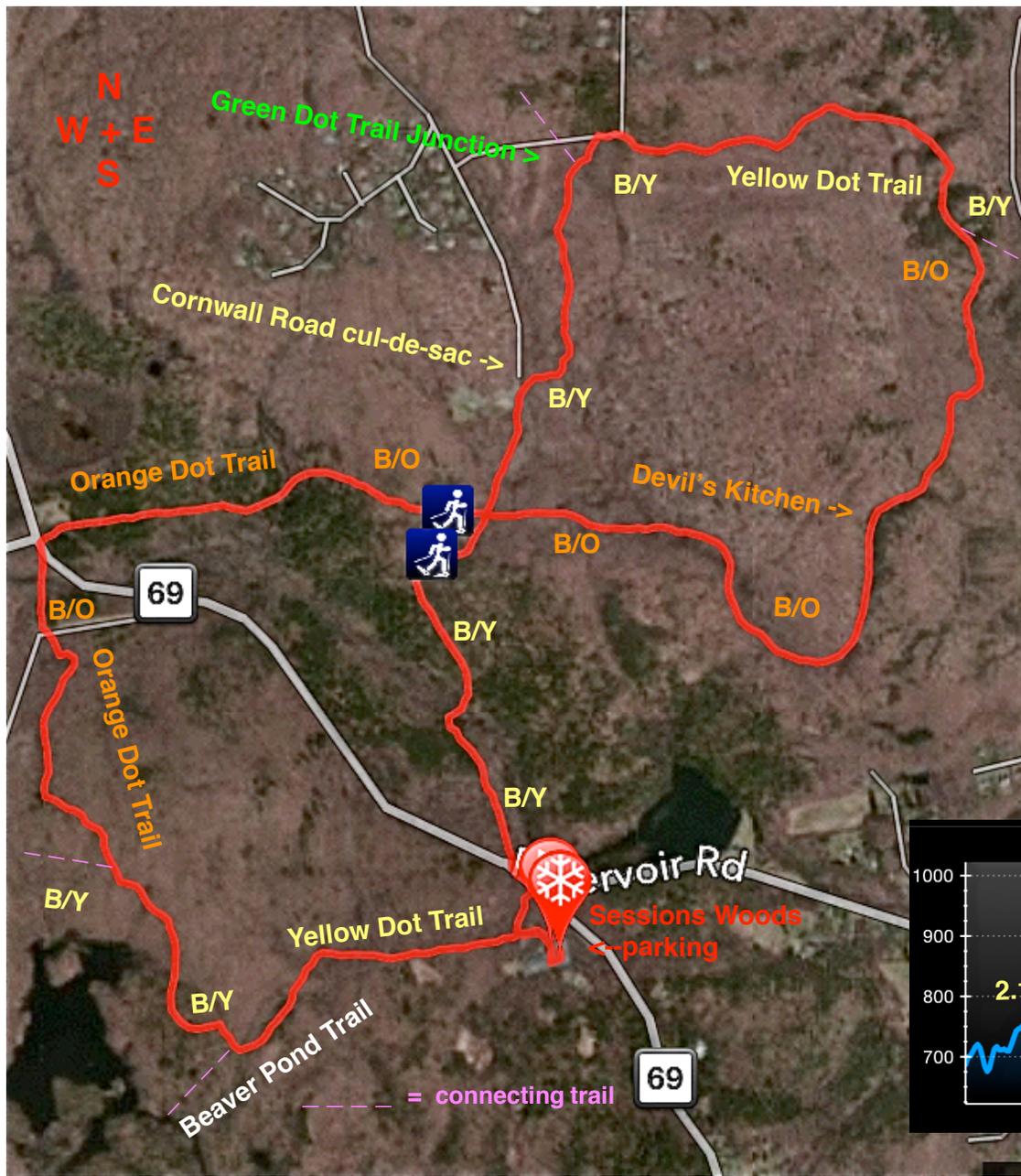


**Figure 8 Loop:**  
**Class 1**  
**6.4 miles**  
**1,660' vertical**  
**3.3 hours**



**Devil's Kitchen**



**Elevation Profile**

The hike begins at the kiosk ( 41°43'57.8"N 72°57'19.4"W ) in the Sessions Woods parking lot. Walk northwest to the gate at the start of the Beaver Pond Trail. 50 feet past the gate is the junction with the Yellow Dot Trail, marked by a Blue blaze with a Yellow dot (B/Y). Both trails are one until 0.6 miles, where the B/Y turns right and away from the Beaver Pond Trail. At 1.0 miles, as the B/Y trails crosses over it's second small knoll, turn right at the junction with the Orange Dot Trail, marked by a Blue blaze with an Orange dot (B/O). Cross route 69 at 1.7 miles. The trail now becomes a small dirt road. Continue straight through the large junction with the B/Y Trail at 2.5 miles . At 3.2 miles you will hike up through a box ravine known as Devil's Kitchen. The name was created to describe the "devilish" steep boulder hop that lasts for about a half mile. It will get your heart pumping. At 4.1 miles the B/O Trail ends at the junction with the B/Y Trail. Turn left & ascend. At 4.8 miles continue straight past the junction with the Green Dot Trail and begin to descend. At 5.1 miles you reach the cul-de-sac at the end of Cornwall Road. Continue straight past the gate as the B/Y Trail becomes a wide dirt road. At 5.5 miles continue straight across the junction with the B/O trail. At 5.8 miles watch for the sharp right turn off the dirt road, as the B/Y Trail becomes a narrow trail to the junction with Reservoir Road at 6.1 miles. Cross the road and follow route 69 south at 6.2 miles. Cross the road and the trail enters Sessions Woods just before it's large sign. Follow the wide B/Y trail back through the gate you passed earlier, and return to your car at 6.4 miles.

**Mileage summary**

hike B/Y west, turning right onto B/O at 1.0 >  
 continue on B/O, turning left onto B/Y at 4.1 >  
 continue on B/Y to your car at 6.4

Alan M. Perrie 6- 12- 16