



**Farmington River Trail,  
walks of  
1.0, 2.6, 3.5, & 6.1 miles**

**All on the most scenic section  
of the Farmington River Trail.**

These “out & back” walks begin at the wide trail parking lot A on rt. 179.

41°47'38.7"N 72°55'31.2"W

There are 4 options (miles are round trip):

- 1- A 1.0 mile walk north to the Burlington dam that survived the “55 Flood” (photo)
- 2- A 2.6 mile walk north to the middle of the bridge that crosses the Farmington River (the town line with Canton is in the center). It has a 15 foot elevation change.
- 3- A 3.5 mile walk south to the town line with Farmington.
- 4- The 6.1 mile walk along the northeastern town line of Burlington, from the border with Farmington to the border with Canton.

The dam that survived “55”



Parking lot B, which is now paved, could be another starting point. Both are handicapped friendly. B is 0.9 miles south from lot A on the River Trail. You can do the math miles for your exercise log, but both locations have the most view points per mile in Connecticut. It is a win/win decision.

Either locations are a great way to recover after a long hike or bike ride. Burlington provides the complete outdoor package.